

DIVE TRAVEL PACKING CHECK LIST

TRAVEL DOCUMENTS:

- Valid Passport (extends at least six months past trip return date) and Driver's License.
- Contact names & telephone numbers in case of an emergency.
- Airline Tickets if you are supposed to have hard copies for this trip. Otherwise, be sure your name is on the group leader's manifest.
- Diver's Certification Card (s). The dive vendor will not allow you to dive without seeing your dive certification card(s).
- Insurance cards: Personal Medical, D.A.N. (SWS sponsor code number 421046) , Trip Cancellation/Interruption Insurance docs.
- Cash, Traveler's Checks, Credit Cards, ATM Cards to cover out-of-pocket trip expenses including but not limited to: taxis, Gratuities, (Resort/Live-aboard recommends 10%to 15% of package cost), drinks/meals on travel days, airline departure taxes, gov't/dive chamber fees and souvenir purchases. Money exchange requirement varies depending on which country you are visiting.

Airline Luggage Requirements and Weight Limits: For up-to-date information about luggage weight limits, and what items are allowed in carry-on and in checked bags, log on to www.tsa.gov and on to your airline's website. Currently restricted amounts of liquid-type items allowed in hand carry bags departing U.S. Two checked bags, 50 lbs each allowed on both domestic and international airlines. Generally, inter-island flight weight allowances are stricter. Be prepared to pay weight overage fees.

Hand Carried Luggage:

- Mask
- Regulator Set (if connected to your computer)
- Computer
- Change of Clothes

Checked Luggage: In order to protect your dive gear, SWS recommends dive gear be packed in luggage specifically designed for such purpose. SWS has for sale or rent every piece of dive equipment/accessory recommended for this dive trip.

- Mesh bag to carry dive gear r/t from room/ locker to dive boat.
- Dive Knife - Pack in checked luggage only!
- Snorkel
- Fins
- Booties
- BCD
- Exposure Suit(s): Water temps: 77-82 degrees. Full-body suit recommended to protect against coral burn and stinging water critters. Your body will lose heat over repetitive days of diving. At least 3mm to 5mm thickness depending on personal temp tolerance. Pack a back-up 2-3 mm Vest if you tend to get cold easily.
- Lycra Hood: Invaluable to add just a touch of extra warmth as you progress through the dive week (s).
- Underwater Light with extra batteries & bulb. Remove batteries from Light and pack separate from light.
- Underwater Timing Device & Slate.
- Log Book.
- Boat Signaling Devices: Whistle, Dive Alert, Safety Sausage.
- Equipment Protection Devices: Gauge Retractors, Octo Holders, Coiled Light Lanyards, Gear Clips.
- Extra Computer Batteries, Save-A-Dive Kit and extra supplies for your camera.
- If taking a class while on the trip, all special equipment required to do the class. Ask Andy what you need to take.
- Travel Electrical Voltage Conversion Kit to use in case the foreign country is on 220V instead of 110V.

Recommended Clothing:

- Light colored, loose fitting, light weight clothes: Shorts, T-Shirts, Swimsuits, Windbreaker, Sun Hat, Sun Glasses, one set of sweats, one long-sleeve shirt , one pair of long pants. Women: one sarong (sulu) or long skirt to cover thighs and legs in observance of cultural mores.

Recommended Medications & Sundries: Even if you have never experienced any of the symptoms described below, please pack the recommended remedies. I've seen too many dive vacations ruined due to "I didn't bring such and such because I never get sick." Always first consult your physician about any meds you need to take with you to remote dive trip destinations.

- Over the counter meds such as Sudafed and cold/flu remedies.
- Prescription Drugs in their original containers. (No gel caps in hand carry)
- Dysentery medication: Cipro (prescription), Imodium and Pepto Bismol tablets.
- Motion Sickness: Bonine, Wrist Bands and a prescription of TRANSDERM SCOP patches.
- Insect Repellent: Containing 100 or 95% D.E.E.T. to help prevent bites.
- Swimmer's Ear or Flue-like Illness: A prescription antibiotic such as Zithromax and prescription ear infection meds. Sunscreen with high SPF, Medications to treat sunburn, bug stings & scrapes.